

Base Camp Café

STARTERS

Momo (non veg) \$8.00

A traditional Sherpa snack consisting of steamed pastry parcels stuffed with minced and spiced beef served with your choice of mild, medium or hot sauce.

Pakora \$7.00

Vegetables deep fried in a crispy batter.

Samosa \$7.00

Spicy chick pea and potato wrapped in pastry and deep fried.

MAINS

Dal bhat. The traditional staple dish of Nepal

Steamed Basmati rice served with lentil soup and curried beans. This is accompanied by your choice of meat and vegetable curries:

Chicken

Everest chicken \$20.00

Pieces of chicken cooked on the bone in a rich curry sauce made from a variety of exotic spices.

Chicken in coconut \$19.00

Diced chicken thigh cooked in a rich coconut sauce.

Chicken in tomato \$19.00

Bite sized pieces of chicken cooked in a tomato sauce and flavoured with a mixture of Himalayan spices.

Goat – the meat of choice for most Nepalis.

Tender wild goat \$25.00

Cooked in a unique blend of spices and yoghurt.

Pork – Not eaten by all Nepalis but loved by the Sherpas.

Pork dish \$21.00

This pork dish is cooked in a light tomato sauce flavoured with a delicate mix of Himalayan spices.

Vegetable – While most Nepalis will eat meat on special occasions the staple diet is largely vegetarian.

Seasonal vegetables \$18.00

A mix of seasonal vegetables cooked in a spicy sauce. Not too hot.

Other dishes

Shyakpa \$19.00

The traditional hearty stew of the high Himalaya consisting of beef and potatoes along with a variety of fresh and dried vegetables.

Seafood curry and rice \$21.00

Fish and prawns curried in coconut milk, a light delicate dish.

EXTRAS

Mango pickle \$1.00

Mixed pickle \$1.00

Rice (per bowl) \$3.00

Dal (per small bowl) \$1.00

Yoghurt (per bowl) \$3.00

DESSERTS

Kheer \$6.00

A sweet and sticky rice pudding delicately flavoured with cardamom cloves and cinnamon.

Banana muffins \$7.00

Homemade muffins served with ice cream.

BEVERAGES

Coffee

Short/long black \$4.00

Latte/cappuccino/flat white \$5.00

Tea (per small pot)

Assam \$5.00

Darjeeling \$6.00

Jasmine \$5.00

English Breakfast \$5.00

Earl Grey \$6.00

Peppermint \$5.00

Camomile \$5.00

Nepali chiya (spiced milky tea) \$7.00

Cold drinks

Soft drinks per can – Coke, Diet Coke, Coke Zero, Solo \$2.00

Fresh Lemon Soda per glass \$2.00

Banana lassi per glass \$4.00

Apple Juice per small glass \$2.00

Orange Juice per small glass \$2.00